For Living Donors

• Who can donate a kidney to me?

- Donors can be anyone who is healthy enough to donate
- They do not have to be related to you
- They do not have to be of the same age, race, or sex as you

• How long am I in the hospital?

• One to three days for the donor.

• When can I return to work/school?

• Two weeks for the donor.

• How long is the surgery?

• Each surgery, one for the donor and one for the recipient, lasts approximately three - five hours.

MedStar Georgetown Transplant Institute

What is it like for a donor? Living donor testimony: Kyllee underwent laparoscopic surgery to donate her kidney. Once home, she was off work for about two weeks recovering and during that period her wages were reimbursed through the National Kidney Registry's Donor Shield program. "While it didn't affect my decision to be a kidney donor, having the wage reimbursement and knowing that, *if I ever need a kidney transplant, I'll have priority* on the waiting list is a great safety net," Kyllee says.

Knowledge and Compassion Focused on You

For Living Donors

• What are some protections?

- Donors who undergo surgery at MedStar Georgetown Transplant Institute **will qualify** for the following protections through the National Kidney Registry:
 - Donation life insurance with a \$500,000 principal sum, covering a period of one-year post-surgery
 - Donation disability insurance with a \$1,500 maximum weekly benefit, covering a period of one-year post-surgery, with a 30-day waiting period
 - Financial protection for complications that ensures donors are never asked to pay for a post-surgical complication that is a result of their kidney donation
 - Legal representation should a donor's employment or health insurance be negatively affected by living donation

Knowledge and Compassion Focused on You

MedStar Georgetown Transplant Institute

What is it like for a donor? Living donor testimony: Kyllee underwent laparoscopic surgery to donate her kidney. Once home, she was off work for about two weeks recovering and during that period her wages were reimbursed through the National Kidney Registry's Donor Shield program. "While it didn't affect my decision to be a kidney donor, having the wage reimbursement and knowing that, *if I ever need a kidney transplant, I'll have priority* on the waiting list is a great safety net," Kyllee says.

For Living Donors

What about my related expense?

- Donors who undergo surgery at MedStar Georgetown Transplant Institute **may qualify** for the following protections:
 - Lost wage reimbursement up to four weeks for donors who will have a loss of income during their recovery period
 - Travel and lodging reimbursement of up to \$1,000. This includes expenses associated with the evaluation and surgery. Driving expenses are reimbursed at the IRS mileage rate and lodging covers a hotel near MedStar Georgetown Transplant Institute.

 MedStar Georgetown

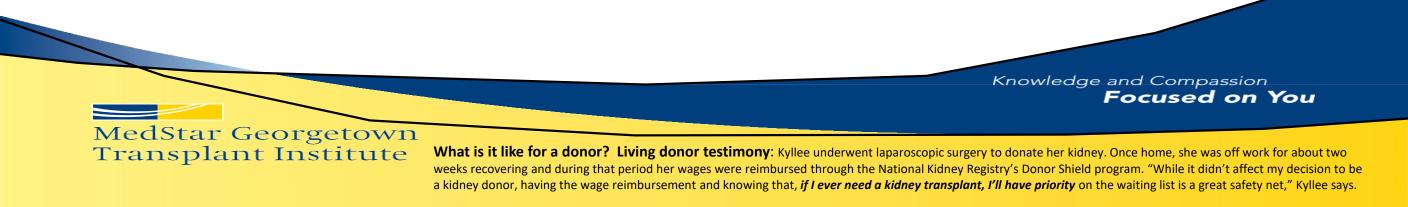
 Transplant Institute

 What is it like for a donor? Living donor testimony: Kyllee underwent laparoscopic surgery to donate her kidney. Once home, she was off work for about two weeks recovering and during that period her wages were reimbursed through the National Kidney Registry's Donor Shield program. "While it didn't affect my decision to be a kidney donor, having the wage reimbursement and knowing that, if I ever need a kidney transplant, I'll have priority on the waiting list is a great safety net," Kyllee says.

For Living Donors

• What is the long-term risk of being a donor?

- There is very little risk to being a kidney donor, either short-term or long-term.
- Short-term, the risk of dying from the surgery is about 0.03% (3 in 10,000).
- Major complications are unusual.
- In the long-term, having been a donor does not influence the risk of kidney failure, high blood pressure or diabetes.
- Recent studies show that kidney donors have longer life expectancy than predicted.



For Living Donors

Interested in donating, how do I start this process?

• Potential donors must contact the transplant institute. **Important Phone Numbers**: Living Donor Liaison can be reached at 202-444-3714. Living Donor Social Worker/Donor Advocate 202-444-6038. Paired Kidney Exchange Coordinator 202-444-6058. Donors will first be sent a questionnaire to see if they are healthy enough to donate. If they pass the questionnaire, the next step is to do blood tests to see if they are a match. If both of those steps pass, they will need to come to see us at the transplant institute to complete their evaluation.

 MedStar Georgetown

 Transplant Institute

 What is it like for a donor? Living donor testimony: Kyllee underwent laparoscopic surgery to donate her kidney. Once home, she was off work for about two
weeks recovering and during that period her wages were reimbursed through the National Kidney Registry's Donor Shield program. "While it didn't affect my decision to be
a kidney donor, having the wage reimbursement and knowing that, if I ever need a kidney transplant, I'll have priority on the waiting list is a great safety net," Kyllee says.